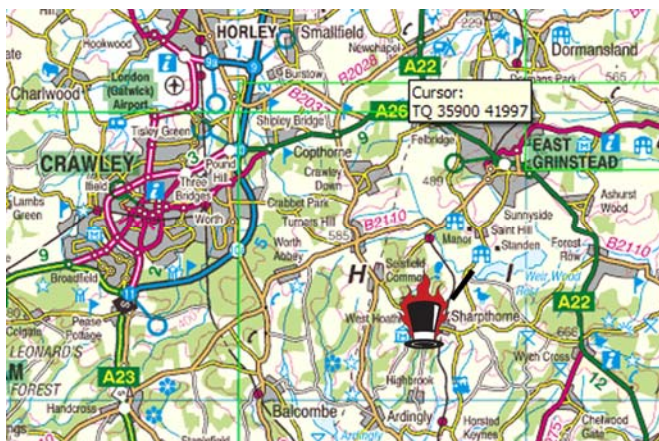




KAYAKING EXPERIENCE (Weir Wood Reservoir)



Directions

Meeting Place

We meet in the car park on **Admiral's Bridge Lane**, just on the edge of the reservoir (please note that this is a very small car park and if full there is enough parking for 3-4 cars at the entrance to the Admirals Bridge Lane) – Please do not obstruct the entrance to the house. Please arrive 15 minutes early.

By Car

Post Code: RH19 4NN

From A22 (East Grinstead)

Continue to follow London Rd until you reach Judge's Terrace, turn right at the mini roundabout then at the next mini round about turn left on to Ships Street. Continue on until you reach the next mini roundabout then take a right on to Dunnings Rd. Continue on for another 1.6 miles then as you descend a steep and hill the road bends to the right with a left turn, take the left turn into Admiral's Bridge Lane (not sign posted) the car park is at the end of the lane on the right.

By Train

Take the train to East Grinstead, from there you will need to take a taxi to the kayaking venue,

Late Procedure

Unfortunately the phone reception in the area can be poor, if you are running late please contact us on **01273 358 359** and select the option to speak to your instructor, sooner rather than later. If you are more than 20mins late it is likely we'll be on the water and out of contact.



Kit List

Administration

- Payment / Voucher
- Medical Form

Clothing

- Full change of clothes to go kayaking in, including footwear, and underwear. Clothing should be suitable for the time of year*
- Waterproof jacket and trousers
- Extra jumper
- Warm hat / sun hat
- Gloves
- Towel

Food

- Packed lunch (is recommended)

Accessories

- Sun screen
- Sun glasses
- Camera

Medication

- Tablets, Inhaler etc.

The above list is just a guide and appropriate clothing for the time of year should be worn.

*Clothing should comprise of several layers to trap the warmth. Please do not wear denim as it restricts movement, is cold when wet and is slow to dry. You must wear footwear whilst kayaking (old trainers, plimsolls) please don't wear sandals.

You will be provided with a windproof top and a buoyancy aid for the course.

Please note: There are no changing facilities on site, you will need to change in the car park.